



National Public Health Week 2015 Events

April 6 - April 14



Monday, April 6 The Deep End



Dive into a facilitated group conversation about end-of-life decision-making for ourselves & our loved ones. Based on the book, *Being Mortal*, by Atul Gawande, MD. Conversation facilitated by Kerri Hamberg, MSW, Good Shepard Community Care.

Brookline Senior Center
93 Winchester St.
1pm-2pm

Saturday, April 11 Rabies Clinic

Bring your dog/cat to be vaccinated against rabies.

Brookline Town Hall Lobby
333 Washington St.
9am-12pm

***Note:** \$10 fee for vaccination; all pets must be brought on a leash or in a cage by a person at least 14 years old.



Tuesday, April 7 Psychological First Aid Training

Learn and practice how to provide psychological support in an emergency. Waheeda Saif, MHC, Riverside Trauma Center

Brookline Department of Public Health.
11 Pierce St.

5pm-9pm (light dinner)

***Note:** Free, registration required
dsibor@brooklinema.gov



Saturday, April 11 Wellness in the Village

FREE: Demos, talks, giveaways, showcasing more than 20 health and wellness practitioners and teachers located in Brookline Village. Featuring MIX 104.1 Wellness Truck.

Brookline Town Hall
333 Washington St.
1:30pm-4pm



Wellness in the Village

Tuesday, April 7

Teen Sexuality-What Parents Need to Know

Join us as we talk about teen sexuality, everything you've always wanted to know, but were afraid to ask. Planned Parenthood's Amy Cody will lead this B-PEN forum in straight talk about current trends in adolescent sexuality and sexual behaviors.

Brookline High School-MLK Room
115 Greenough St.
7pm-8:30pm



Sunday, April 12 Walk a Mile in Her Shoes



WALK A MILE IN HER SHOES

Support an end to gender-based violence. A one-mile walk by boys and men in red heels (male sizes will be provided).

Cypress Park (across from BHS)
89 Cypress St.

1pm-3pm

***Note:** \$15 suggested donation
inhereshoesbrookline.weebly.com

Wednesday, April 8 Preserving Food

Come learn how to preserve food! Pickling, fermenting, and canning demonstrations.

Brookline Main Library, Hunneman Hall
361 Washington St.
3:30pm-5pm



Saturday, April 11 Dentistry from the Heart

Free: The Longwood Dental group gives back to the community with an offer of one filling, one extraction, OR cleaning for individuals who are 18 and older without access to dental care elsewhere.

Longwood Dental Group
1842 Beacon St.

8am-4pm

***Note:** Registration starts at 7:30am, first 100 patients guaranteed to be seen. First come, first served.

More information: (617) 566-5445

www.longwood-dental.com



LONGWOOD DENTAL GROUP
where science meets art

Monday, April 13 Our Diet, Our Health, Our Planet, Our Future

Irana Hawkins, PhD, MPH, RD, will discuss the latest scientific data linking a plant-based diet and our future.

Brookline Department of Public Health
Denny Room, 11 Pierce St.

Noon-1pm

***Note:** Brown Bag Lunch



Tuesday, April 14 Getting the Most Out of Your Visit with Your Doctor



Dennis Rosen, MD, author of "Vital Conversations: Improving Communication between Doctors and Patients," will discuss the importance of good communication between doctors and patients, and provide ways on how to improve this communication.

Brookline Main Library, Hunneman Hall
361 Washington St.
7pm-8pm

For more information visit: www.brooklinema.gov or contact:

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